



# 朝チャレンジ

<ルール>

その1：毎朝<sup>まいあさ</sup>1ページずつすすめること！

その2：○つけをすること！

その3：タイムを<sup>はか</sup>計ること！時間<sup>じかん</sup>は3分<sup>ぶん</sup>まで！

1

ふん

びょう

やりかたをせんせいが  
せつめいします。

月

日

$6 + 6 + 8 =$

$9 - 2 + 5 =$

$5 + 6 + 5 =$

$7 - 2 + 6 =$

$4 + 4 + 4 =$

$11 - 6 + 1 =$

$1 + 8 + 7 =$

$12 - 6 + 3 =$

$11 + 6 - 9 =$

$12 - 6 - 5 =$

$13 + 3 - 7 =$

$11 - 7 - 1 =$

$8 + 6 - 2 =$

$20 - 6 - 8 =$

$6 + 9 - 4 =$

$18 - 3 - 7 =$

2

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$7 + 6 + 3 =$

$5 - 2 + 9 =$

$4 + 6 + 5 =$

$9 - 2 + 7 =$

$8 + 1 + 2 =$

$13 - 6 + 1 =$

$3 + 4 + 7 =$

$11 - 9 + 3 =$

$12 + 6 - 9 =$

$14 - 8 - 1 =$

$15 + 3 - 9 =$

$12 - 5 - 3 =$

$8 + 9 - 6 =$

$20 - 3 - 9 =$

$5 + 9 - 2 =$

$18 - 6 - 6 =$

## 3

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$9 + 2 + 8 =$

$7 - 2 + 9 =$

$8 + 6 + 1 =$

$9 - 1 + 7 =$

$3 + 3 + 8 =$

$13 - 9 + 2 =$

$4 + 5 + 7 =$

$15 - 8 + 1 =$

$12 + 4 - 9 =$

$12 - 4 - 1 =$

$13 + 1 - 5 =$

$11 - 4 - 2 =$

$8 + 8 - 2 =$

$20 - 2 - 9 =$

$5 + 7 - 1 =$

$14 - 3 - 5 =$

## 4

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$7 + 5 + 3 =$

$9 - 2 + 4 =$

$4 + 9 + 2 =$

$8 - 3 + 9 =$

$1 + 4 + 9 =$

$15 - 9 + 3 =$

$3 + 3 + 5 =$

$13 - 6 + 1 =$

$15 + 1 - 9 =$

$14 - 6 - 1 =$

$11 + 5 - 8 =$

$12 - 8 - 2 =$

$3 + 9 - 1 =$

$15 - 2 - 9 =$

$8 + 7 - 3 =$

$20 - 5 - 6 =$

## 5

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$5 + 5 + 8 =$

$7 - 3 + 9 =$

$7 + 6 + 5 =$

$9 - 2 + 7 =$

$1 + 3 + 8 =$

$13 - 9 + 3 =$

$4 + 4 + 7 =$

$14 - 8 + 2 =$

$12 + 6 - 9 =$

$12 - 5 - 4 =$

$13 + 3 - 9 =$

$11 - 6 - 1 =$

$7 + 7 - 2 =$

$13 - 2 - 9 =$

$6 + 9 - 1 =$

$20 - 9 - 5 =$

## 6

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$9 + 2 + 5 =$

$9 - 2 + 8 =$

$8 + 6 + 2 =$

$9 - 1 + 6 =$

$3 + 3 + 9 =$

$13 - 9 + 4 =$

$3 + 5 + 8 =$

$15 - 8 + 2 =$

$13 + 4 - 8 =$

$12 - 5 - 1 =$

$13 + 2 - 6 =$

$11 - 6 - 2 =$

$9 + 4 - 2 =$

$20 - 4 - 9 =$

$9 + 9 - 3 =$

$14 - 1 - 8 =$

## 7

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$9 + 5 + 1 =$

$7 - 5 + 9 =$

$7 + 6 + 2 =$

$9 - 2 + 7 =$

$3 + 4 + 8 =$

$13 - 7 + 3 =$

$4 + 5 + 7 =$

$11 - 6 + 1 =$

$11 + 6 - 9 =$

$13 - 9 - 1 =$

$13 + 3 - 8 =$

$11 - 4 - 5 =$

$7 + 7 - 2 =$

$14 - 1 - 4 =$

$3 + 9 - 1 =$

$18 - 7 - 6 =$



## 8

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$5 + 6 + 8 =$

$9 - 1 + 5 =$

$7 + 6 + 5 =$

$7 - 3 + 8 =$

$5 + 4 + 4 =$

$12 - 6 + 1 =$

$1 + 4 + 7 =$

$13 - 7 + 3 =$

$11 + 5 - 9 =$

$15 - 7 - 5 =$

$13 + 2 - 7 =$

$13 - 7 - 2 =$

$9 + 6 - 2 =$

$20 - 3 - 8 =$

$8 + 9 - 4 =$

$18 - 4 - 7 =$

9

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$8 + 6 + 3 =$

$6 - 2 + 9 =$

$5 + 6 + 5 =$

$8 - 2 + 7 =$

$7 + 1 + 4 =$

$14 - 6 + 1 =$

$4 + 4 + 7 =$

$12 - 9 + 3 =$

$12 + 5 - 9 =$

$15 - 8 - 1 =$

$15 + 2 - 9 =$

$13 - 5 - 3 =$

$8 + 8 - 2 =$

$20 - 5 - 9 =$

$6 + 9 - 2 =$

$17 - 4 - 6 =$

10

ふん

びょう

まへのひよりはやければ  
かんむりマーク！

月

日

$9 + 8 + 1 =$

$8 - 2 + 9 =$

$9 + 6 + 1 =$

$7 - 1 + 7 =$

$6 + 3 + 8 =$

$14 - 9 + 2 =$

$3 + 5 + 7 =$

$16 - 8 + 1 =$

$15 + 1 - 9 =$

$13 - 4 - 1 =$

$11 + 2 - 7 =$

$12 - 4 - 2 =$

$9 + 9 - 5 =$

$19 - 2 - 9 =$

$6 + 9 - 1 =$

$13 - 3 - 5 =$

$8 + 5 + 3 =$

$8 - 2 + 4 =$

$5 + 9 + 3 =$

$7 - 3 + 9 =$

$2 + 4 + 9 =$

$14 - 9 + 3 =$

$4 + 3 + 5 =$

$12 - 6 + 1 =$

$16 + 1 - 9 =$

$13 - 6 - 1 =$

$12 + 5 - 8 =$

$11 - 8 - 2 =$

$4 + 9 - 1 =$

$14 - 2 - 9 =$

$9 + 7 - 3 =$

$19 - 5 - 6 =$

$6 + 5 + 8 =$

$7 - 3 + 8 =$

$5 + 6 + 5 =$

$8 - 2 + 7 =$

$2 + 3 + 8 =$

$14 - 9 + 3 =$

$9 + 3 + 7 =$

$15 - 8 + 2 =$

$12 + 1 - 9 =$

$13 - 5 - 4 =$

$14 + 3 - 9 =$

$12 - 6 - 1 =$

$8 + 7 - 2 =$

$14 - 2 - 9 =$

$7 + 9 - 1 =$

$19 - 7 - 5 =$

$8 + 6 + 5 =$

$8 - 2 + 8 =$

$7 + 4 + 2 =$

$7 - 1 + 6 =$

$4 + 3 + 9 =$

$11 - 9 + 4 =$

$2 + 5 + 8 =$

$13 - 8 + 2 =$

$12 + 4 - 8 =$

$12 - 9 - 1 =$

$14 + 2 - 9 =$

$14 - 6 - 4 =$

$9 + 5 - 1 =$

$20 - 5 - 9 =$

$7 + 9 - 4 =$

$12 - 1 - 8 =$

$5 + 9 + 2 =$

$9 - 5 + 9 =$

$8 + 7 + 2 =$

$7 - 2 + 7 =$

$1 + 4 + 8 =$

$11 - 7 + 3 =$

$9 + 5 + 1 =$

$13 - 6 + 1 =$

$12 + 2 - 9 =$

$12 - 9 - 1 =$

$14 + 3 - 8 =$

$15 - 8 - 5 =$

$8 + 7 - 2 =$

$14 - 3 - 4 =$

$4 + 9 - 1 =$

$19 - 7 - 6 =$

$6 + 6 + 8 =$

$9 - 2 + 5 =$

$5 + 6 + 5 =$

$7 - 2 + 6 =$

$4 + 4 + 4 =$

$11 - 6 + 1 =$

$1 + 8 + 7 =$

$12 - 6 + 3 =$

$11 + 6 - 9 =$

$12 - 6 - 5 =$

$13 + 3 - 7 =$

$11 - 7 - 1 =$

$8 + 6 - 2 =$

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$18 - 3 - 7 =$



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$4 + 6 + 5 =$

$9 - 2 + 7 =$

$8 + 1 + 2 =$

$13 - 6 + 1 =$

$3 + 4 + 7 =$

$11 - 9 + 3 =$

$12 + 6 - 9 =$

$14 - 8 - 1 =$

$15 + 3 - 9 =$

$12 - 5 - 3 =$

$8 + 9 - 6 =$

$20 - 3 - 9 =$

$5 + 9 - 2 =$

$18 - 6 - 6 =$

$9 + 2 + 8 =$

$7 - 2 + 9 =$

$8 + 6 + 1 =$

$9 - 1 + 7 =$

$3 + 3 + 8 =$

$13 - 9 + 2 =$

$4 + 5 + 7 =$

$15 - 8 + 1 =$

$12 + 4 - 9 =$

$12 - 4 - 1 =$

$13 + 1 - 5 =$

$11 - 4 - 2 =$

$8 + 8 - 2 =$

$20 - 2 - 9 =$

$5 + 7 - 1 =$

$14 - 3 - 5 =$

$7 + 5 + 3 =$

$9 - 2 + 4 =$

$4 + 9 + 2 =$

$8 - 3 + 9 =$

$1 + 4 + 9 =$

$15 - 9 + 3 =$

$3 + 3 + 5 =$

$13 - 6 + 1 =$

$15 + 1 - 9 =$

$14 - 6 - 1 =$

$11 + 5 - 8 =$

$12 - 8 - 2 =$

$3 + 9 - 1 =$

$15 - 2 - 9 =$

$8 + 7 - 3 =$

$20 - 5 - 6 =$

$5 + 5 + 8 =$

$7 - 3 + 9 =$

$7 + 6 + 5 =$

$9 - 2 + 7 =$

$1 + 3 + 8 =$

$13 - 9 + 3 =$

$4 + 4 + 7 =$

$14 - 8 + 2 =$

$12 + 6 - 9 =$

$12 - 5 - 4 =$

$13 + 3 - 9 =$

$11 - 6 - 1 =$

$7 + 7 - 2 =$

$13 - 2 - 9 =$

$6 + 9 - 1 =$

$20 - 9 - 5 =$

$9 + 2 + 5 =$

$9 - 2 + 8 =$

$8 + 6 + 2 =$

$9 - 1 + 6 =$

$3 + 3 + 9 =$

$13 - 9 + 4 =$

$3 + 5 + 8 =$

$15 - 8 + 2 =$

$13 + 4 - 8 =$

$12 - 5 - 1 =$

$13 + 2 - 6 =$

$11 - 6 - 2 =$

$9 + 4 - 2 =$

$20 - 4 - 9 =$

$9 + 9 - 3 =$

$14 - 1 - 8 =$

$9 + 5 + 1 =$

$7 - 5 + 9 =$

$7 + 6 + 2 =$

$9 - 2 + 7 =$

$3 + 4 + 8 =$

$13 - 7 + 3 =$

$4 + 5 + 7 =$

$11 - 6 + 1 =$

$11 + 6 - 9 =$

$13 - 9 - 1 =$

$13 + 3 - 8 =$

$11 - 4 - 5 =$

$7 + 7 - 2 =$

$14 - 1 - 4 =$

$3 + 9 - 1 =$

$18 - 7 - 6 =$

$5 + 6 + 8 =$

$9 - 1 + 5 =$

$7 + 6 + 5 =$

$7 - 3 + 8 =$

$5 + 4 + 4 =$

$12 - 6 + 1 =$

$1 + 4 + 7 =$

$13 - 7 + 3 =$

$11 + 5 - 9 =$

$15 - 7 - 5 =$

$13 + 2 - 7 =$

$13 - 7 - 2 =$

$9 + 6 - 2 =$

$20 - 3 - 8 =$

$8 + 9 - 4 =$

$18 - 4 - 7 =$

$8 + 6 + 3 =$

$6 - 2 + 9 =$

$5 + 6 + 5 =$

$8 - 2 + 7 =$

$7 + 1 + 4 =$

$14 - 6 + 1 =$

$4 + 4 + 7 =$

$12 - 9 + 3 =$

$12 + 5 - 9 =$

$15 - 8 - 1 =$

$15 + 2 - 9 =$

$13 - 5 - 3 =$

$8 + 8 - 2 =$

$20 - 5 - 9 =$

$6 + 9 - 2 =$

$17 - 4 - 6 =$



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$8 - 2 + 9 =$

$9 + 6 + 1 =$

$7 - 1 + 7 =$

$6 + 3 + 8 =$

$14 - 9 + 2 =$

$3 + 5 + 7 =$

$16 - 8 + 1 =$

$15 + 1 - 9 =$

$13 - 4 - 1 =$

$11 + 2 - 7 =$

$12 - 4 - 2 =$

$9 + 9 - 5 =$

$19 - 2 - 9 =$

$6 + 9 - 1 =$

$13 - 3 - 5 =$

$8 + 5 + 3 =$

$8 - 2 + 4 =$

$5 + 9 + 3 =$

$7 - 3 + 9 =$

$2 + 4 + 9 =$

$14 - 9 + 3 =$

$4 + 3 + 5 =$

$12 - 6 + 1 =$

$16 + 1 - 9 =$

$13 - 6 - 1 =$

$12 + 5 - 8 =$

$11 - 8 - 2 =$

$4 + 9 - 1 =$

$14 - 2 - 9 =$

$9 + 7 - 3 =$

$19 - 5 - 6 =$

$6 + 5 + 8 =$

$7 - 3 + 8 =$

$5 + 6 + 5 =$

$8 - 2 + 7 =$

$2 + 3 + 8 =$

$14 - 9 + 3 =$

$9 + 3 + 7 =$

$15 - 8 + 2 =$

$12 + 1 - 9 =$

$13 - 5 - 4 =$

$14 + 3 - 9 =$

$12 - 6 - 1 =$

$8 + 7 - 2 =$

$14 - 2 - 9 =$

$7 + 9 - 1 =$

$19 - 7 - 5 =$

$8 + 6 + 5 =$

$8 - 2 + 8 =$

$7 + 4 + 2 =$

$7 - 1 + 6 =$

$4 + 3 + 9 =$

$11 - 9 + 4 =$

$2 + 5 + 8 =$

$13 - 8 + 2 =$

$12 + 4 - 8 =$

$12 - 9 - 1 =$

$14 + 2 - 9 =$

$14 - 6 - 4 =$

$9 + 5 - 1 =$

$20 - 5 - 9 =$

$7 + 9 - 4 =$

$12 - 1 - 8 =$

$5 + 9 + 2 =$

$9 - 5 + 9 =$

$8 + 7 + 2 =$

$7 - 2 + 7 =$

$1 + 4 + 8 =$

$11 - 7 + 3 =$

$9 + 5 + 1 =$

$13 - 6 + 1 =$

$12 + 2 - 9 =$

$12 - 9 - 1 =$

$14 + 3 - 8 =$

$15 - 8 - 5 =$

$8 + 7 - 2 =$

$14 - 3 - 4 =$

$4 + 9 - 1 =$

$19 - 7 - 6 =$



1年生 No.11 解答

1		2		3		4		5		6		7	
20	12	16	12	19	14	15	11	18	13	16	15	15	11
16	11	15	14	15	15	15	14	18	14	16	14	15	14
12	6	11	8	14	6	14	9	12	7	15	8	15	9
16	9	14	5	16	8	11	8	15	8	16	9	16	6
8	1	9	5	7	7	7	7	9	3	9	6	8	3
9	3	9	4	9	5	8	2	7	4	9	3	8	2
12	6	11	8	14	9	11	4	12	2	11	7	12	9
11	8	12	6	11	6	12	9	14	6	15	5	11	5
8		9		10		11		12		13		14	
19	13	17	13	18	15	16	10	19	12	19	14	16	13
18	12	16	13	16	13	17	13	16	13	13	12	17	12
13	7	12	9	17	7	15	8	13	8	16	6	13	7
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13	9	14	6	13	8	12	3	13	3	13	6	13	7
13	7	13	7	14	5	13	8	15	7	12	3	12	6
15		16		17		18		19		20		21	
20	12	16	12	19	14	15	11	18	13	16	15	15	11
16	11	15	14	15	15	15	14	18	14	16	14	15	14
12	6	11	8	14	6	14	9	12	7	15	8	15	9
16	9	14	5	16	8	11	8	15	8	16	9	16	6
8	1	9	5	7	7	7	7	9	3	9	6	8	3
9	3	9	4	9	5	8	2	7	4	9	3	8	2
12	6	11	8	14	9	11	4	12	2	11	7	12	9
11	8	12	6	11	6	12	9	14	6	15	5	11	5
22		23		24		25		26		27		28	
19	13	17	13	18	15	16	10	19	12	19	14	16	13
18	12	16	13	16	13	17	13	16	13	13	12	17	12
13	7	12	9	17	7	15	8	13	8	16	6	13	7
12	9	15	6	15	9	12	7	19	9	15	7	15	8
7	3	8	6	7	8	8	6	4	4	8	2	5	2
8	4	8	5	6	6	9	1	8	5	7	4	9	2
13	9	14	6	13	8	12	3	13	3	13	6	13	7
13	7	13	7	14	5	13	8	15	7	12	3	12	6